

## Expression Of Cox-2 In Non- Liver Diseases

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**Objective:** To determine the frequency of liver diseases and evaluate the expression of COX-2 in non-neoplastic and neoplastic liver lesions.

**Methodology:** This cross sectional study is based on the analysis of liver biopsies received at department of pathology, BMSI, JPMC from 1<sup>st</sup> January 2010 to 31<sup>st</sup> December 2012. Approximately 71 cases of formalin fixed liver tissue biopsies were selected and analyzed for morphological features, grading and results of immunohistochemical staining for COX-2. The data feeding and analysis were on computer package SPSS (Statistical Packages of Social Sciences) version 16.0. In all statistical analysis only p-value <0.05 was considered significant.

**Results:** The most commonly encountered liver disease , out of the total 288 cases ,was chronic liver disease (CLD) including 255 cases (88.54%) out of these 12(4.17%) showed full- fledged cirrhotic nodule. Mean age was 33 yrs. for chronic liver disease. Male female ratio was 1.6:1 for CLD while for hepatocellular carcinoma and bile duct carcinoma M/F ratio was 2.8:1. The etiological distribution of 255 cases of CLD cases revealing that hepatitis C is the most common cause of chronic hepatitis accounting for 70% of cases. On immunostaining using COX-2 antibody for CLD with mild inflammatory grade cases, only 14.2% showed strong staining and all the 19 HCC and bile duct carcinoma 78.94% displayed strong positivity.

**Conclusion:** There is progressive increase in staining expression of COX-2 in non-neoplastic and neoplastic liver lesions. An early inhibition of COX-2 via selective COX-2 inhibitors may prevent further exacerbation of disease.

**Key Wrds:** COX-2, liver disease, liver cancer.

### Introduction

cancer is the sixth most common cancer in the world, 750000 people worldwide i.e. 6% of the totals were diagnosed for liver cancer (Ferlay et al., 2010).

In Pakistan the data from Shaukat Khanum Cancer Hospital and Research Center (CRCMD) from Dec 1994 to Dec 2011 shows that liver cancer is at number 1 position amongst the top 10 malignancies and accounts 1,926 cases i.e. 8.8% in males while in females it is 697 i.e. 2.97 %. Main causes of liver cancer are hepatitis B and C viruses, alcohol, cirrhosis related to B and C viruses and heavy alcohol smokers, vinyl chloride (occupational exposure) and aflatoxin (Cancer research UK,2009). Chronic inflammation is a known risk factor for carcinogenesis and is thought to play a role in pathogenesis of several types of cancers like cervical, ovarian, esophageal adenocarcinoma, mesothelioma, colorectal cancer, lung cancer and HCC (Balkwill and Mantovani, 2001). As it is postulated that inflammation produces many proinflammatory cytokines, reactive oxygen species and mediators of inflammation like COX-2 that helps in cancer production.

Therefore COX-2 could be the next goal for anticancer therapies such as COX-2 inhibitors show anticancer response in many malignant tumors (Cervello and Montalto, 2006). In our study we attempted to observe the expression of COX-2 in non-neoplastic and neoplastic liver disease such as various grades of chronic hepatitis, steatosis, dysplasia, cirrhosis and carcinoma.

### Material and Methods

All properly fixed liver biopsies received in department of pathology, BMSI, JPMC from 1<sup>st</sup> January 2010 to 31<sup>st</sup> December 2012 were included while Inadequate material metastatic carcinomas (adenocarcinomas) and Cystic lesion (Hydatid cyst) were excluded for evaluation of COX-2 expression . Approximately 71 cases of formalin fixed liver tissue biopsies were selected and analyzed for morphological features, grading and results of immunohistochemical staining for COX-2. Apart from tissue samples we needed Immunohistochemical antibody cox-2 Table:1 (Rabbit monoclonal from tissue culture supernatant diluted in tris saline, PH 7.3-7.7, with protein base and preserved with sodium azide.), Control (positive)

Adenocarcinoma colon, Control (negative) Adenocarcinoma colon without primary antibody, Poly-L-lysine coated slides for immunohistochemistry H&E stained slides for all cases, Massons Trichrome stained slides for all cases, PAS and PAS-D stained slides for hepatocellular carcinoma, Clinical surgical, pathological records and detection system.

Clinical history and relevant data were recorded on the request form in the Proforma. Hematoxylin and Eosin staining and trichrome staining were performed. PAS and PAS-D were performed for hepatocellular carcinoma. All the slides were studied under light microscopy using scanner (4x), low power (10x), and high power (40x) lenses. Various parameters were recorded in Proforma. Grading was done in all cases. For the interpretation of grading and staging of all the selected slides we have used the "modified histological activity index" an extension of the original Knodell system. Modified HAI grading or necroinflammatory scores has maximum possible score is 18(1-4=minimal inflammation, 5-8=mild inflammation, 9-12=moderate inflammation and 13-18=marked or severe inflammation). Modified HAI staging, is for extent of fibrosis. The maximum score is 6(0=no fibrosis, to gradual increase in fibrosis up to stage 5 which is early cirrhotic change and then definite cirrhosis which is grade 6). Severity of steatosis is judged from mild (less than one third), moderate (one third to two thirds) to severe (more than two thirds).but in our study we have only included severe steatosis cases. Dysplasia is found in two forms large cell dysplasia and small cell dysplasia (Schwartz, 1998). In our study we had only large cell dysplasia. There were 71 cases selected and the intensity of COX-2 immunostaining was graded on a scale of 0-3 where 0 = no staining, 1 = equivocal staining 2 = moderate to intense staining, 3 = highest intensity staining. The proportion of COX-2 expression in parenchyma cells were assess in various liver lesions includes hepatitis, fatty liver, dysplasia, cirrhosis, and carcinoma. Histo score (Kinsel et al, 1989), the intensity of staining of different areas of section and proportion of positive cells were assessed, the percentage of positive cells and intensity then multiplied to get the high score (H). The intensity was scored according to the overall appearance as judged at different power of magnification, i.e. 0 none (no staining), 1 weak (only visible at high power magnification), 2 moderate (visible at low power magnification) , 3strong (striking even at low power magnification).The total proportion of cells staining positively at any intensity was scored as, 0 (no cell

staining), 1 (when 1- 25% cells stained), 2 (when 26-50% cell stained), 3(when 50 -75% cells stained), 4(>75% cells stained).The scores were then together to give a range of 1-12 similar to the immunoreactive score (IRS) by Remmele and Stegner (1987), 9-12 was considered strong immunoreactivity, 5-8 was considered moderate, 1-4 was considered weak, and 0 was scored as negative (Soslow et al., 2000). All the information recorded in the Performa was computerized by using the software SPSS version

**Data analysis:** The data feeding and analysis was performed on computer package SPSS (Statistical Packages of Social Sciences) version 16.0. Clinical characteristics was summarized in terms of frequencies and percentages for qualitative variables (gender, age grouping, etiology of liver diseases, type of neoplastic lesions, types of malignant and COX-2 immunoreactivity, mean ± S.D for age in years. Statistical comparison of age according to type of liver diseases and histology (non-neoplasm/neoplasm) was performed by student-test/ANOVA and Chi-

**Table:1 Distribution of Liver Diseases cases According To Cox -2 (n=71)**

Liver diseases	No. of cases	COX-2 immunoreactivity		
		Weak	Moderate	Strong
Mild inflammation	14	7 (50%)	5 (35.7%)	2 (14.2%)
Moderate inflammation	10	-	4 (4.0%)	6 (60.0%)
Marked inflammation	28	2 (7.1%)	4 (14.3%)	22 (78.6%) <sup>o</sup>
Steatosis	13	2 (15.4%)	4 (30.8%)	7 (53.8%)
Cirrhosis	08	1 (12.5%)	1 (12.5%)	6 (75.0%)
Dysplasia	07	-	1 (14.2%)	6 (85.7%)
Carcinoma	19	-	4 (21.1%)	15 (78.9%)

Significant as compared to mild to moderate inflammation p<0.05

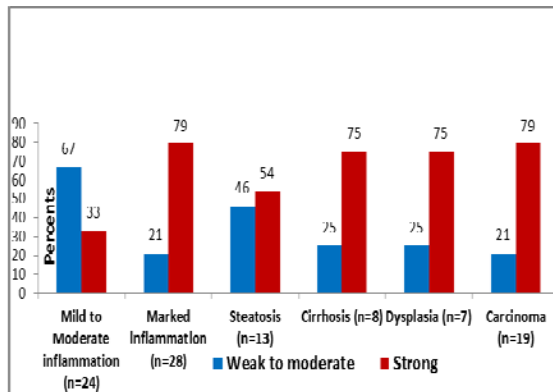
square/Fisher test (was applied for values<5) for qualitative variables were used to examine the association between COX-2 expression and immunoreactivity (weak, moderate, severe) with liver

diseases. In all statistical analysis only p-value <0.05 was considered significant

### Results

A total of 71 liver biopsies were included in the study, during a period of January 2010-December 2012 Table shows COX-2 immunoreactivity in non-neoplastic and neoplastic liver diseases. Correlation of necroinflammatory scores with COX-2 shows that amongst 14 cases of mild inflammation only 2 cases shows strong immunoreactivity, 10 cases of moderate inflammation 7 shows strong reactivity and in same way strong inflammation out of 28 cases 22 shows strong reactivity. Out of 13 cases of steatosis 7 shows strong reactivity and 4 moderate .8 cases of cirrhosis and 7 cases of dysplasia shows strong reactivity in 75% & 85.7% of cases respectively. In 19 cases of liver cancer 15 (78.9%) shows strong reactivity in which moderately differentiated, undifferentiated and cholangiocarcinoma catrgories included. (Figure 1-3, table 2)

**Table:2 1 Non-neoplastic and neoplastic liver diseases according to cox-2 immunoreactivity in selected cases (n=71)**

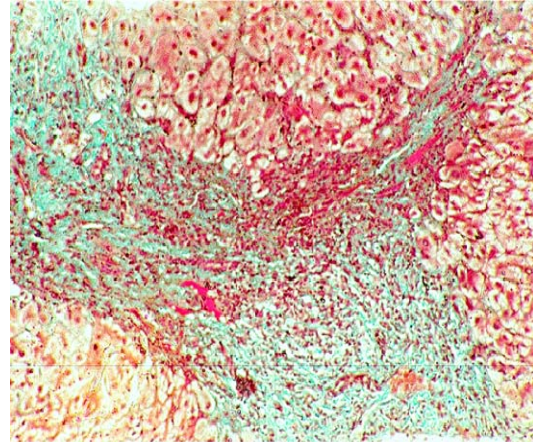


### Discussion

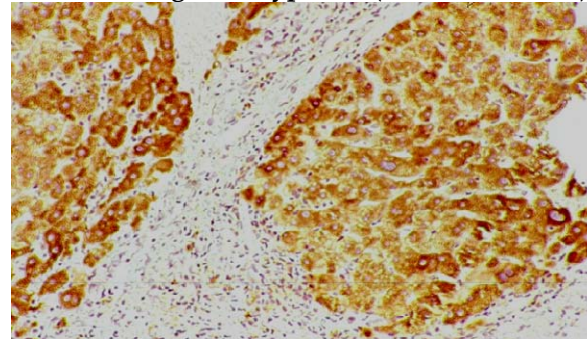
On immunostaining using cox-2 antibody for CLD with mild inflammatory grade cases, only 14.2% showed strong staining. While cases with moderate and severe inflammatory grade 60% and 78.57% gives strong reactivity respectively.

In our study, cases showing severe steatosis with mostly mild & marked inflammation show strong to moderate cox-2 immunoreactivity with 53.84% and 30.76% respectively. Our study is well correlated with the hypothesis of Yu et al. (2006) that Hepatic COX-2 expression is increased in metabolic form of steatohepatitis. Celecoxib (selective cox-2 inhibitors) may protect against the development of steatohepatitis induced by high fat diet (Chen et al., 2006).

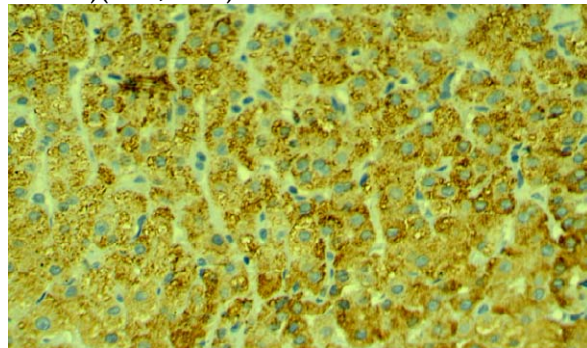
All CLD cases in the present series were evaluated for fibrosis and were eventually assessed for cox-2



Same case of large cell dysplasia, (trichrome , x 200).



Large cell dysplasia with strong cox-2 expression( scores 12 )(IHC, x200).



Hepatocellular carcinoma and strong cox-2 expression, (score 9) (IHC x 400).

expression .The intensity of cox-2 expression gradually increases with the progression of grade of fibrosis .None of the cases show strong immunoreactivity in stage 0 and 1, while strong reactivity was higher in fibrotic stages i.e. 88% in stage 5 & 75% in stage 6.Our findings are in close conformity with the study of Kondo et al. (1999) who reported that 81% of cirrhotic livers displayed marked COX-2 expression. Therefore we can elucidate that cox-2 is playing some role in disease progression. As Kondo et al. (1999) declared

that the level of COX-2 increased from normal liver to chronic hepatitis to cirrhosis.

85.7% of dysplastic cases in our study show strong immunoreactivity. Kondo et al. (1999) had the similar values i.e. 88% moderate or strong cox-2 positivity in dysplastic cases.

Likewise all the 19 HCC and bile duct carcinoma 78.94% displayed strong positivity and 21.5% were moderately positive for cox-2. The cases of carcinoma which shows moderate immunoreactivity, were well differentiated hepatocellular carcinoma. According to Kondo et al. (1999), 54% of HCC samples exhibit high to moderate expression of COX-2 expression.

Our findings related to cox-2 expression in non-neoplastic and neoplastic hepatic lesions strongly suggests that cox-2 expression is an early event and its progressive increase in increasing grade of inflammation, fibrosis and in preneoplastic changes (dysplasia), must have an important role in developing hepatocellular carcinoma. Therefore we are suggesting an early inhibition of cox-2 via selective cox-2 inhibitors, might prevent further exacerbation of disease.

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**Contribution of Authors:**

Mubashira Hashmi and Shahnaz Imdad Kehar has Planed and carried out the entire study. Shahnaz Imdad Kehar guided and supervised and also prepared the manuscript